



Experiment in
International
Living UK

'Changing Minds' Training Course

Enhanced Skills in Conflict Resolution and Social Cohesion

14th – 16th March 2014, Bradford

Investing in local young people and local communities

This course will bring together young people from Worcestershire and Bradford to explore and learn about conflict resolution through workshops, debates and community visits, with the aim of dispelling cultural misunderstandings and developing knowledge and skills to make changes in their own communities. They will be proposed, supported and mentored by local professionals who are already working in the local community.



In the light of recent events and tensions relating to race and ethnic minorities, there is a great need to develop intercultural competences to help young people to make changes within their own communities. Racial tension is not only prevalent in large cities like Bradford but in more rural areas, including Worcestershire. We believe that empowering people to engage in 'grass roots' action to bring communities together is vital.

Using the knowledge and experience of local community leaders, peace building and conflict resolution experts, the project will explore successful strategies already implemented in Bradford.

This will help to equip the participants with the knowledge, skills and creative thinking needed to promote and develop sustainable community cohesion programmes in their own community.

EIL has a proven track record of delivering successful community cohesion projects for local people and has previously received funding from The British Council, European Commission and Awards for All.

Activities

- *Interactive workshops led by professionals working in the field of conflict resolution/anti-racism
- *seminar by peace building expert
- *Q&As with different local faith leaders, youth and community workers
- *visits to different places of worship (mosque and sikh temple)

Our aims for long term change

- *'Changing minds' and attitudes of the participants
- *confidence to address these issues and communicate to their peers
- *engagement of young people with their local communities
- *gradual development of positive attitudes and openness within local communities

Guest speakers:

Lisa Cummings, Peace Studies Expert Bradford University
Nazaket Ali, Senior Youth Worker, Bradford
Fabbeh Husein, Education & Community Development consultant
Lorraine Lockyer, Intercultural Trainer, EIL



Intercultural learning – Group Work

'Changing Minds' Training Course

14th – 16th March 2014, Dubrovnik Hotel, Bradford

Programme and Enrolment



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Day 1

15.00	Arrive
15.30-17.00	Welcome meeting. Introduction to programme & organisations. Expectations and anticipated outcomes.
17.00-19.00	Dinner
19.00-19.30	National issues affecting community cohesion
19.30-20.30	Youth and community expert speaker (FabeH Hussain)
20.30-21.00	Q&A

Day 2

08.00-09.00	Breakfast
09.00-12.30	'Mile of Tolerance' – Mosque & Temple visits
12.30-13.30	Lunch
13.30-15.30	Guest speaker: Lisa Cumming, Peace Studies Department, Bradford University 'Values and Identity', How do I handle conflict?
15.30-16.00	Break
16.00-17.30	Welcome to the real world! Real life stories of conflict resolution 'on the ground'
17.30-18.00	Break
18.00-19.00	Handling challenging situations
20.00	Dinner

Day 3

08.00-09.00	Breakfast
09.00-11.00	Changing Minds: what can you do in your communities? Work on a project to deliver at home
11.00-13.00	Presentation of ideas - evaluation & the way forward
13.00-14.00	Lunch
14.00-14.30	Wrap up & depart

Course overview

The aim of this course is to bring together young people and youth/community work professionals from Worcestershire and Bradford to explore and learn more about building peaceful communities through workshops, debates and community visits, with the aim of dispelling cultural misunderstandings. This course was developed to share good practice and enhance the skills of people wanting to develop sustainable community cohesion programmes in their own area.

Who should apply?

The following people from Worcestershire:

Young people:

- aged 18-25 who want to make a difference in their local area and who are getting into youth and community work already, doing volunteer work at a youth club, for example. Ideally, you should be recommended by a professional member of staff where you work who can vouch for your commitment and who will continue to support you after the course.

Youth/community work professionals:

- Young professionals in training/new to post wanting to enhance their knowledge and understanding
- Experienced professionals accompanying their volunteer/trainee staff and looking for CPD

It is an ideal opportunity for everyone to contribute and learn together, whatever their age or stage in their career and will contribute to Continuing Professional Development.